



Domestic Abuse Support Service Northumberland

Anyone can be at risk of domestic abuse

You are not alone and we can help.

Contact our 24 hour domestic abuse phone line **01670 820199**



What will you gain from our Domestic Abuse Support Service?



Are you or someone you know experiencing domestic abuse?

Our Domestic Abuse Support Service in Northumberland is a fully integrated service with a single point of contact available 24 hours a day.

We provide confidential, high quality specialist support and advice for women and men who are at risk of domestic abuse.

Advice about our services, including support with domestic abuse can be accessed through our triage service by calling our confidential phone line available any time day or night.

Services available:

+ Domestic abuse phone line

Our confidential domestic abuse phone line is available 24 hours a day, and provides a first point of contact and accessible referral pathway to anyone experiencing domestic abuse. **Call 01670 820199.**

+ Refuge accommodation

Our refuge consists of two and three bed properties, including bungalows, offering safe and secure accommodation with specialist support for women aged 16 and over, with or without children.

All properties are fully furnished with communal facilities and have a children's play area and on-site staff office.

+ IDVA service

(Independent Domestic Violence Advisors)

Our IDVA service provides specialist support for men and women aged 16 and over who are at high risk of harm. From the point of crisis, we'll work with you to develop a safety plan including options to keep you safe, as well as support with legal processes and the court system.

+ Specialist outreach service

Available to both men and women aged 16 and over, our specialist outreach service provides an approach focused on you. This includes safety planning and a support package specific to your individual needs.

Is your partner or someone within your household :

- Excessively jealous and possessive?
- Charming one minute and abusive the next?
- Stopping you from seeing your family and friends?
- Constantly criticising you and putting you down in public?
- Controlling your money?
- Pressurising you to have sex when you don't want to?
- Monitoring your movements or checking up on you via your email or your text messages, Facebook, or Twitter?
- Using anger and intimidation to frighten you and make you comply with their demands?

Have they?

- Ever threatened or intimidated you by using violent language or physical violence?
- Forced you to alter your behaviour because you are frightened of their reaction?
- Blamed you for their behaviour e.g. they say you were "asking for it" or that you deserved the abuse?
- Embarrassed you, often in front of family and friends, so that you are seen in a bad light?
- Made you feel isolated?
- Played mind games and make you unsure of your own judgment?

What is domestic abuse?

Domestic violence or abuse is used by someone to control or obtain power over another person. It can include physical, sexual, psychological, verbal, emotional and financial abuse.

It can take many different forms including sexual violence, human trafficking and modern slavery, forced marriage, female genital mutilation and so-called 'honour' based violence.

If you alter your behaviour because you are frightened of how your partner or someone within your household will react, you are being abused.

We can help you.

Places for People Living+ has been providing accommodation, support and outreach services for over 25 years.

We believe that everyone has a right to live in a safe place without fear.

We are fighting to end domestic abuse against men, women and children and work to give each person we help their lives back.

Our support will help you lead a successful and fulfilling life through the services we provide. We understand that everyone is different with their own specific needs.



Area served

Our Refuge accommodation is available to women with or without children from anywhere in the country.

Our IDVA and outreach services are available to anyone who is experiencing domestic abuse within the Northumberland area.

Further information

If you or someone you know is experiencing domestic abuse we can help.

Call our 24/7 confidential domestic abuse phone line 01670 820199

Email us: DASSN@placesforpeople.co.uk

Visit us: livingplus.placesforpeople.co.uk/DASSN